



# VogaBike®

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## Fun & Fitness



**VogaBike is an HI-TECH vehicle, designed for people who want a beautiful body obtained training in the open air.**

VogaBike matches characteristics of a rowing machine with performance of a bike.

Muscles of legs, arms and trunk give a lot of power to the bike and fun to the rider.

VogaBike is fully adjustable either for children or for 2 meter tall people.

Frame and transmission are made with high quality alloy materials (aeronautical grade), while an 8 speed Shimano cassette drive is able to carry you on very steep roads.

### Advantages of VogaBike are:

- Strong and shaped body muscles, with separate training for legs and arms
- Aerobic sport to enlarge your chest and improve your resistance
- No tiredness thanks to a large and comfortable saddle
- Better performance than a bike: more muscles and lower drag
- No problem in turns: you can steer also while rowing
- Very easy to drive: only few minutes to learn and row the bike
- A lot of fun when training, riding fast alone or with friends



### Main characteristics:

- Robust alloy steel frame
- Independent motion for legs and arms
- Adjustable lever (power) for arms
- Big and comfortable saddle
- Light alloy wheels with "slick" anti-puncture Schwalbe tires
- Shimano 8 speed cassette drive
- Fully adjustable from child to tall people
- Fast and easy to drive
- Light and easy to carry
- Many colours available
- size: 178 x h 100 cm (handlebar) x h 65 cm (saddle)



# [www.vogabike.com](http://www.vogabike.com)

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